

## ANTI-TOBACCO CELL

Anti-Tobacco Cell is a vital part of our administration. It is the responsibility of the College Administration to provide a secure and contented environment to all its Staff and Students. Functioning of Anti-Tobacco Squad is in accordance with schedule of guidelines by Anti-Tobacco Cell, DGHE Haryana. Various activities like slogans, essays, motivational banners, oath, and lectures are scheduled to make campus tobacco free.

Our college is declared “TOBACCO FREE INSTITUTION” on ERP Portal. Report is uploaded monthly on college ERP and students are aware for their responsibilities. The Committee is under the direct purview of the principal.

### Composition of Anti-Tobacco Cell (2020-2021)

S. No.	Name	Designation	Position
1.	Mrs. Poonam Bhanwala	Principal	Chairperson
2.	Dr. Seema Jain	Associate Professor	Convener
3.	Dr. Lokesh Balhara	Associate Professor	Member
4.	Dr. Rohini Sharma	Assistant Professor	Member
5.	Ms. Ekta	Assistant Professor	Member

Tobacco use is the single largest cause of preventable deaths and illness worldwide and it kills half of its users prematurely, mostly in their most reproductive age. Tobacco use is a major risk factor for Cancer, Cardiovascular Diseases (CVD), Diabetes, Chronic Lung Disease, stroke, infertility, blindness, Tuberculosis (TB), Oral Cavities etc.. In India, over 13.00 lakh people die from tobacco use every year, i.e., about 3500 people die in India everyday due to tobacco use.

**Various Rules** are notified for effective regulation of tobacco products from time to time. These are provided for prohibition of:

- Smoking in public places, sales of tobacco products to and by minors,
- Sale of tobacco products within 100 yards of educational institutions and,
- Direct and indirect advertising and promotion of tobacco products.

**Tobacco Control activities-** College undertakes tobacco control activities from time to time. These activities are as under:

- Assemblies for taking pledge against tobacco,
- Poster/slogan/essay/quiz/debate competitions and street plays etc. Posters so developed with information about the harmful effects of tobacco are displayed at prominent places in the educational institution.
- The institute encourages tobacco control initiatives by students /teachers/ other staff and certificates of appreciation or awards are given to those who take initiative and do good work in this regard.
- The institute invites the local law enforcement authorities /and health authorities to be the part of assembly and deliver an address on tobacco control.

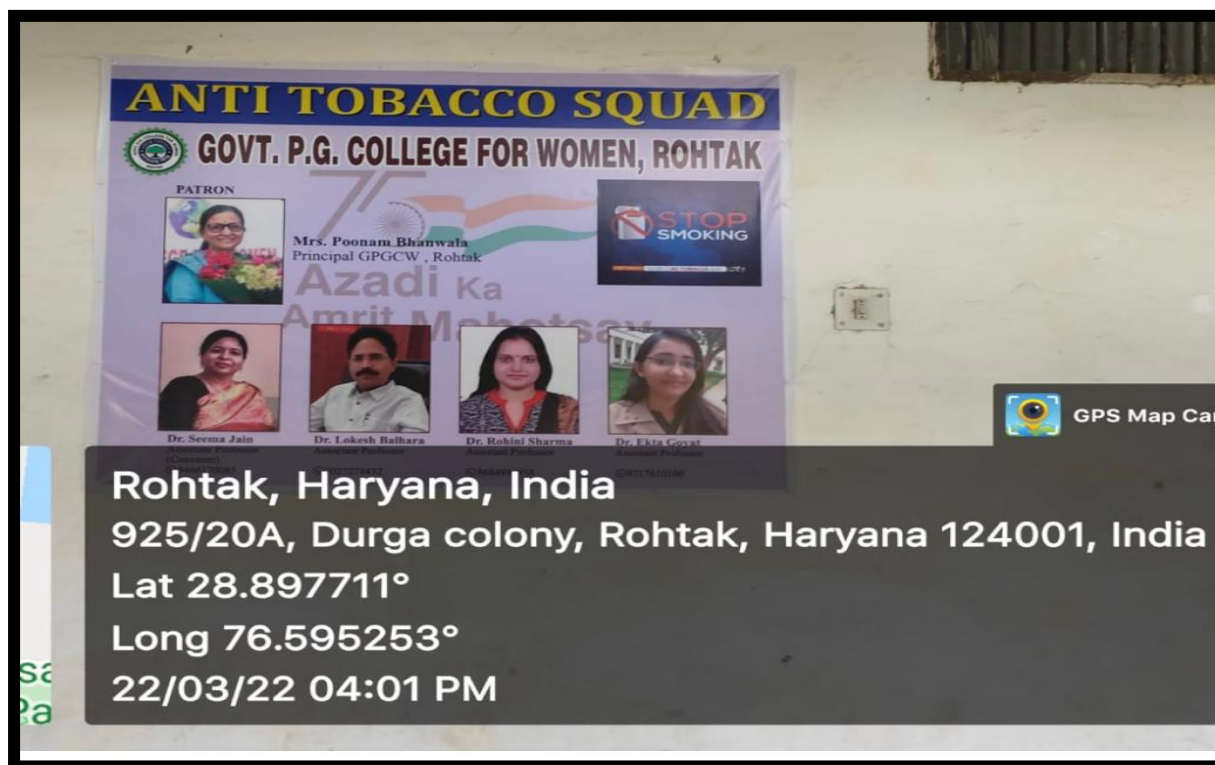
**Dr. Seema Jain**

Convener  
Anti-Tobacco Cell  
G.P.G.C.W Rohtak

## Report to be filled by College Monthly

Self-Evaluation Scorecard for Tobacco Free Educational Institution			
Name of the Educational Institution:-			
Name and Designation of Evaluator:-			
Date of Evaluation:-			
Final Score of the Educational Institute: .....			
Sl. No.	Criteria	Weightage Points	Scored points by the Institute
1	Display of 'Tobacco Free Area' Signage inside the premise of Educational Institute at all prominent place(s).	Mandatory (10)	
	The name/designation/contact number are mentioned / updated in the signage	Mandatory (10)	
2	Display of "Tobacco Free Education Institution" signage at entrance/ boundary wall of Educational Institute.	Mandatory (10)	
	The name/designation/contact number are mentioned / updated in the signage	Mandatory (10)	
3	No evidence of use of tobacco products inside the premise i.e. cigarette/beedi butts or discarded gutka/tobacco pouches, spitting spots.	Mandatory (10)	
4	Poster or other awareness materials on harms of tobacco displayed in the premise.	9	
5	Organisation of at least one tobacco control activity during last 6 months.	9	
6	Designation of Tobacco Monitors and their names, designations, and contact number are mentioned on the signages	9	
7	Inclusion of "No Tobacco Use" norm in the EI's code of conduct guidelines	9	
8	Marking of 100 yards area from the outer limit of boundary wall / fence of the EI.	7	
9	No shops selling tobacco products within 100 yards of the Educational Institute.	7	

## ANTI-TOBACCO CELL OF GPGCW



## Haryana Colleges, Universities To Become Tobacco-Free: Manohar Lal Khattar

The Haryana government will be starting a new anti-tobacco drive in colleges and universities from January 26, 2021. Various authorities will be trying to make the students aware about harmful impacts of tobacco and discourage its usage.

# SIGNAGE BOARD FOR TOBACCO FREE CAMPUS

**Govt. P.G. College for Women, Rohtak**

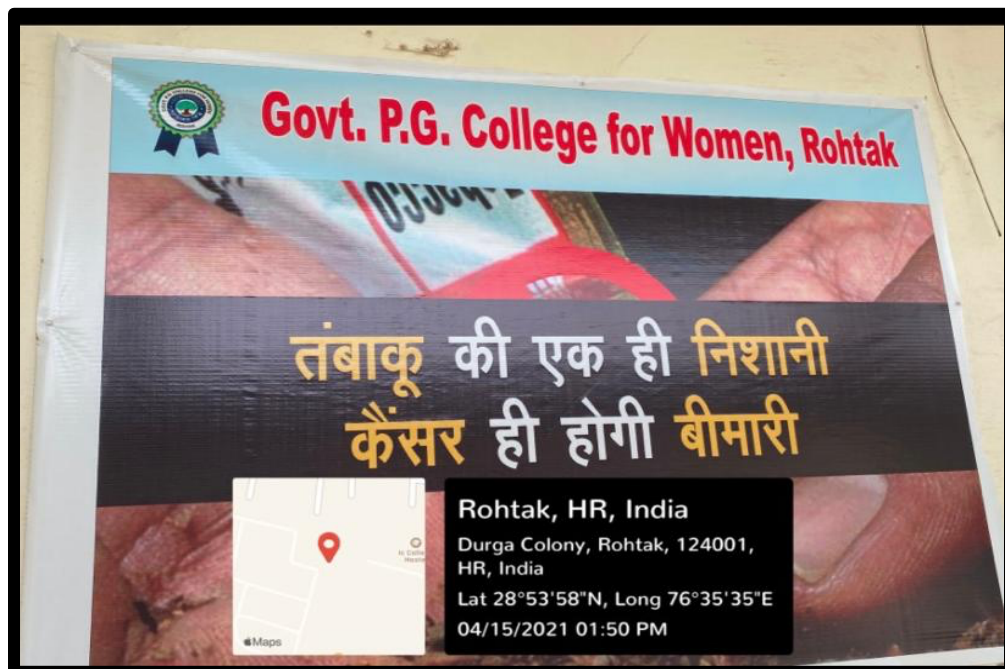
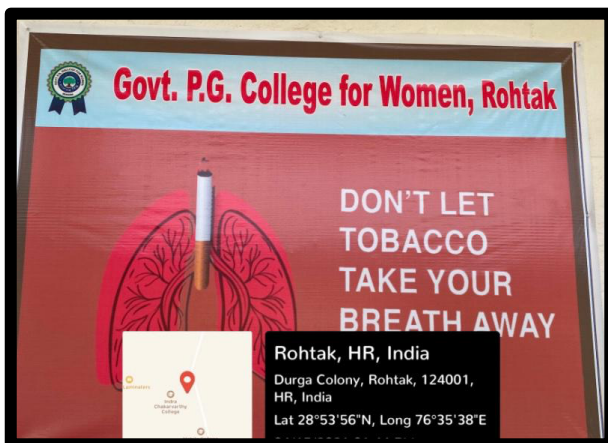
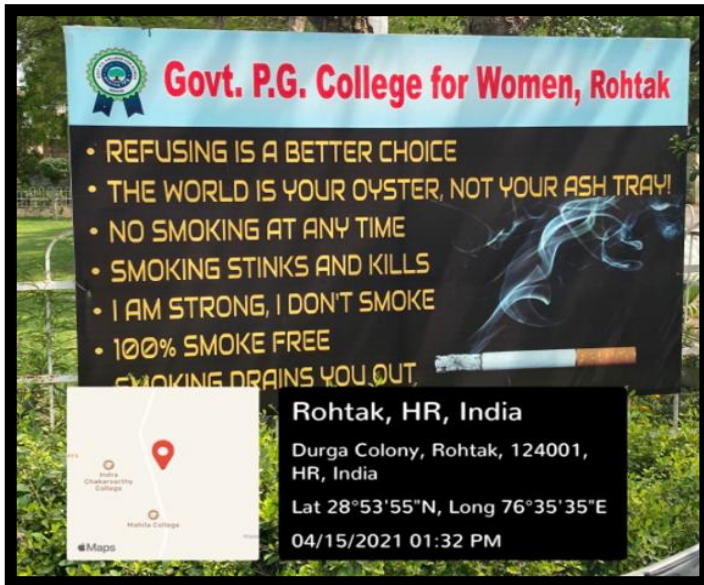
1. Quit Before it kills you.
2. Reject today or regret it later.
3. Kill your bad habits, not yourself!
4. Quit smoking before it quits you.
5. Stop smoking before smoke stops you.
6. Ditch that pipe, for the sake of your life.
7. Who says being a quitter is a bad thing?
8. Sometimes quitters do win. Quit Smoking.

**QUIT**

*(The board is covered with numerous handwritten signatures in various colors and styles, including names like Vinayak, Reena, Mahesh, and many others.)*

**Rohtak, HR, India**  
Durga Colony, Rohtak, 124001,  
HR, India  
Lat 28°53'55"N, Long 76°35'35"E  
04/15/2021 12:58 PM

## MOTIVATIONAL BANNERS IN CAMPUS



PRESENTATION BY HIGHEREDUHRY



शिक्षा विभाग,  
हरियाणा



# UDAAN

युक्ता दृढ़ निश्चय आत्मनिर्भर निरोगी

An initiative of Department of Higher Education, Haryana

PRESENTATION ON

**LIFE FREE OF HAZZINESS  
BATTLING TOBACCO ADDICTION**

BY

**Dr. MP Sharma**

ASMO in

Department of Psychiatry and De-addiction  
Civil Hospital, Panchkula



March 18, 2021  
12:00 PM



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## PLEDGE BY STUDENTS FOR NO TOBACCO USE





# WORLD NO TOBACCO DAY CELEBRATION



**TOBACCO THREATENS US ALL**

**SAY NO TO TOBACCO** **PROTECT HEALTH, REDUCE POVERTY AND PROMOTE DEVELOPMENT**

Make every day World No Tobacco Day.

[www.who.int/tobacco](http://www.who.int/tobacco)

31 MAY

World Health Organization

Sun, 30 May 2021 ✔

*CELEBRITY Talk*

Sh. Swatantra Bharat Sh. Kanwalpreet Singh

**WORLD NO TOBACCO DAY**

*Keynote Speakers*

Dr. Veena Singh  
DGHS Haryana

Sh. Prabhjot Singh IAS  
Mission Director NHM Haryana  
Chief Guest

Dr. V. K. Bansal  
ADGSDHS RTCP Haryana

**LIVE**

Webinar

COMMIT TO QUIT WORLD NO TOBACCO DAY

31st May 10:00 AM 2021

Hosted by **Rotary** CHANDIGARH MIDTOWN

Presented by **State Tobacco Control Cell Health Dept Haryana**

Meeting ID : 999 297 9977  
Password : rotary2122

## AWARENESS CAMPAIGN

