

**GOVERNMENT P.G. COLLEGE FOR WOMEN
ROHTAK, HARYANA**

Department of Physical Education

Vision:

- ❖ To develop the institution as a centre of excellence for imparting exclusive student centred education and lifelong learning opportunities for the communities. The college is committed to prepare Physical Education leaders of high academic calibre with a holistic development of body, mind and spirit nurtured with a strong commitment to serve humanity.

Mission:

- ❖ To develop a quality physical education programme that emphasizes enjoyable participation in physical activities, to help students develop the knowledge, attitude, motor skills, social skills and confidence needed to begin and maintain a healthy physically active lifestyle for the rest of their lives.
- ❖ To strive for excellence in physical education profession through dynamic programmes and activities and empower the young girl students with increased responsibility of serving the community.
- ❖ To Provide knowledge based services to the sports industry and to satisfy the needs of the society.
- ❖ To develop the students as global citizens with conscience commitment and dedication.
- ❖ To promote and embrace diversity in teaching, coaching and managing sports/recreational activities.
- ❖ To empower all students to reach their highest level of academic and wellness potential by teaching skills and knowledge necessary to live a healthy and active life.

REPORT OF THE DEPARTMENT

Sports is an integral part of our college. The Institution leaves no stone unturned to encourage the young girl students to participate in sports activities. Most of our students belong to rural area and our faculty members take keen interest in unleashing the hidden talent of these girl students. It is due to the dedication of our faculty members and their intensive coaching programmes that our students have come with flying colours at the District, State and All India University level.

At the onset of the academic year, the Physical Education Incharge along with the Principal and Sports Committee plans the schedule of the events to be organised and the same also draw up a layout of purchase of Sports material and equipment and the tournaments in which the institute will participate. To assess the potential of the students, students are selected for participation in various events and then they are trained to represent the college at various levels. The College has got the distinction by winning prizes at the University level. Our College Baseball and Kabaddi team has remained at the winning position in the University Inter College Tournament for many years. To hail the winners, the college provides College colour and track suits to all the sports girls.

The girls playing at University level, State level and at College level are encouraged and are honoured on the Annual Sports Day with medals and certificates. The photographs of the winners who have won laurels are published in newspapers. Further, the department is making sincere efforts to provide the essential facilities to the young sports girls. The existing facilities will be upgraded in the near future with the help of UGC and the department has already submitted a proposal in this regard.

Keeping in view, the above mentioned details, we can firmly say that sports are indispensable for the holistic development of body, mind and soul and this is aptly depicted that “A healthy mind lives in a healthy body”

ACTIVITIES

	Committee	Activities
1.	Physical Education	Awareness Of Discipline
		Physical Fitness
		Participation In Sports Activities
		Health Awareness
		Participation in the Inter Colligate Competition and Inter Universities.
2.	Calendar Event	As per the schedule of M.D. University and sports Program scheduled by Department of Higher Education, Panchkula.

Physical and Infrastructure Facilities available in the Sports and Physical Education Center

INDOOR GAMES

Chess, Carom

Badminton, Judo

Tennis, Basketball

OUTDOOR GAMES

Volley Ball, Kabaddi, Athletics

Baseball, Softball, Table

Netball, Cricket, Kho-Kho.

1. Outdoor Games Facilities:

Sr.No.	Outdoor Play Fields	Numbers
1.	Kabaddi Court	One
2.	Volley-ball Court	One
3.	Baseball Ground	One
4.	Softball Ground	One
5.	Handball Court	One
6.	Cricket Ground	One

2. Indoor Games Facilities:

- a. Carom Board - One
- b. Chess Board - One
- c. Table Tennis Court - One
- d. Badminton Court - Two
- e. Judo Court - One
- f. Netball Court - One

3. Department Room (staff room)

Incentives Given to Outstanding Sports Persons

- College provides TA/DA for the sports persons who participate in University, Inter Collegiate Sports Competition.
- College has been in the habit of providing students with T-Shirts and sports materials for practice.
- Track Suits are provided to those who represent University teams.
- Our students participated in Inter College Tournaments State Level South/West Inter Zone University/All India Inter University and National Level Sports.

Sport Committee

1. Mr. Basant (Head of the Department)
2. Ms. Suman
3. Mr. Kuldeep Suhag
4. Ms. Renu Hooda
5. Ms. Gunwati Banger

Games and Tournament Organized and Participated

2016-17

- ❖ All India Inter University Baseball Championship
- ❖ All India Inter University Softball Championship
- ❖ Haryana State Boxing Championship
- ❖ Annual Athletic Meet
- ❖ Inter College of Chess

2017-18

- ❖ All India Inter University Kho-Kho Championship
- ❖ All India Inter University Yoga Championship
- ❖ Annual Athletic Meet
- ❖ Inter College Baseball
- ❖ Inter College of Wushu
- ❖ Inter College Badminton

2018-19

- ❖ Haryana State level Wrestling
- ❖ All India University Karate
- ❖ Senior State Kabaddi Championship
- ❖ Annual Athletic Meet
- ❖ Inter College Baseball Championship
- ❖ Haryana State Baseball Championship

2019-20

- ❖ Haryana State Baseball Championship
- ❖ All India Inter University Baseball Championship
- ❖ All India Inter University Softball Championship
- ❖ Inter College of Kabaddi
- ❖ Annual Athletic Meet

2020-21

- ❖ Inter College Lawn Tennis
- ❖ Inter College Cricket Tournament

2016-2017

Inter College Baseball Championship at G.P.G.C.W. Rohtak



Annual Athletic Meet



2017-2018

Yoga Camp



Annual Athletic Meet

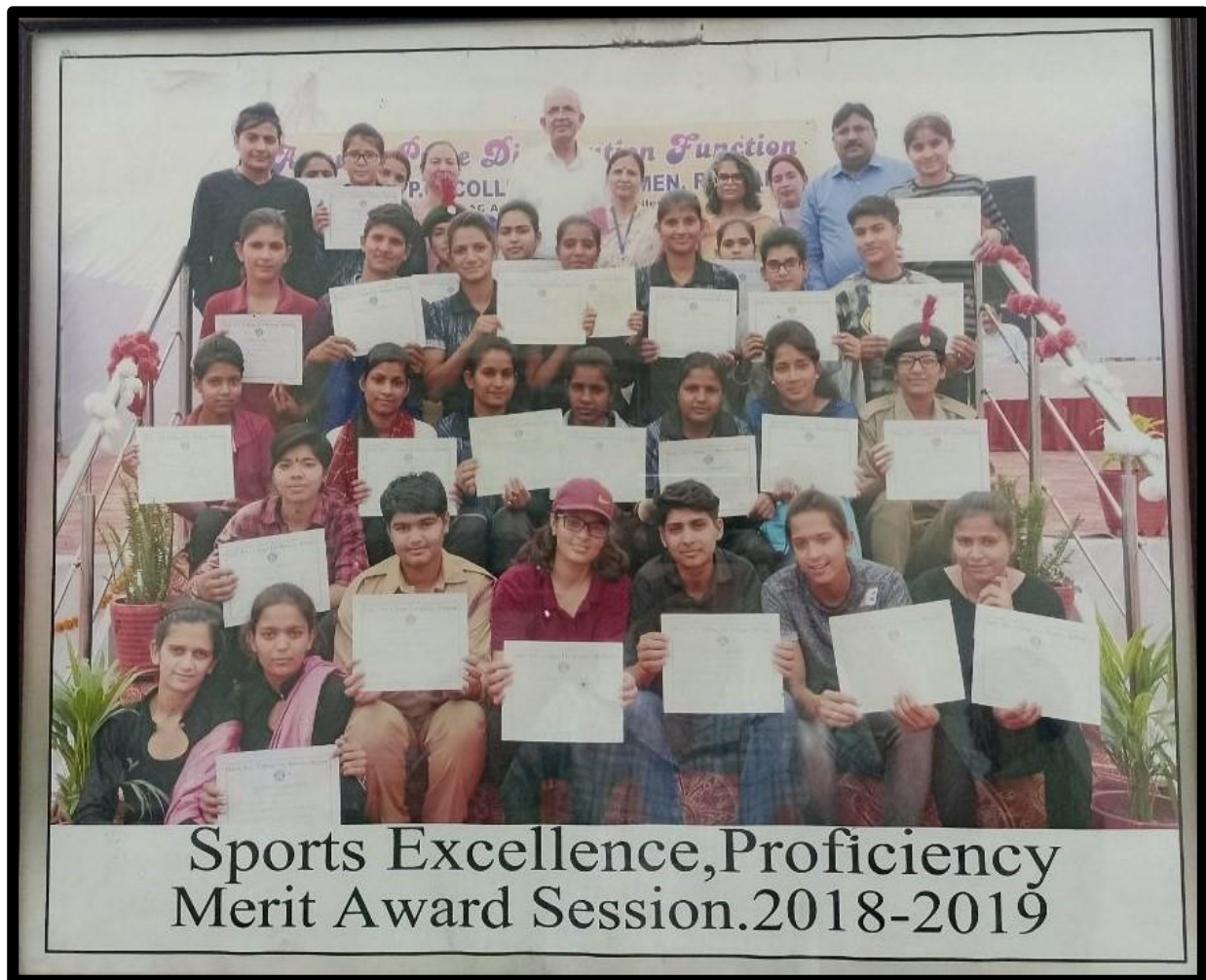


Table Tennis at Annual Athletic Meet



2018-2019

Sports Excellence, Proficiency Merit Award Session.



State Baseball Championship held at Ambala, Haryana



State Level Inter College Judo Championship at G.P.G.C.W., Rohtak



Annual Athletic Meet



2019-2020

3rd Position in State Baseball Championship held at Adampur, Hisar



3rd Position In All India Baseball Inter University Championship



National Youth Day



Annual Athletic Meet



2020-2021

Inter College Cricket Tournament



