

# **SUPPORTING DOCUMENT**

## **7.1.9**

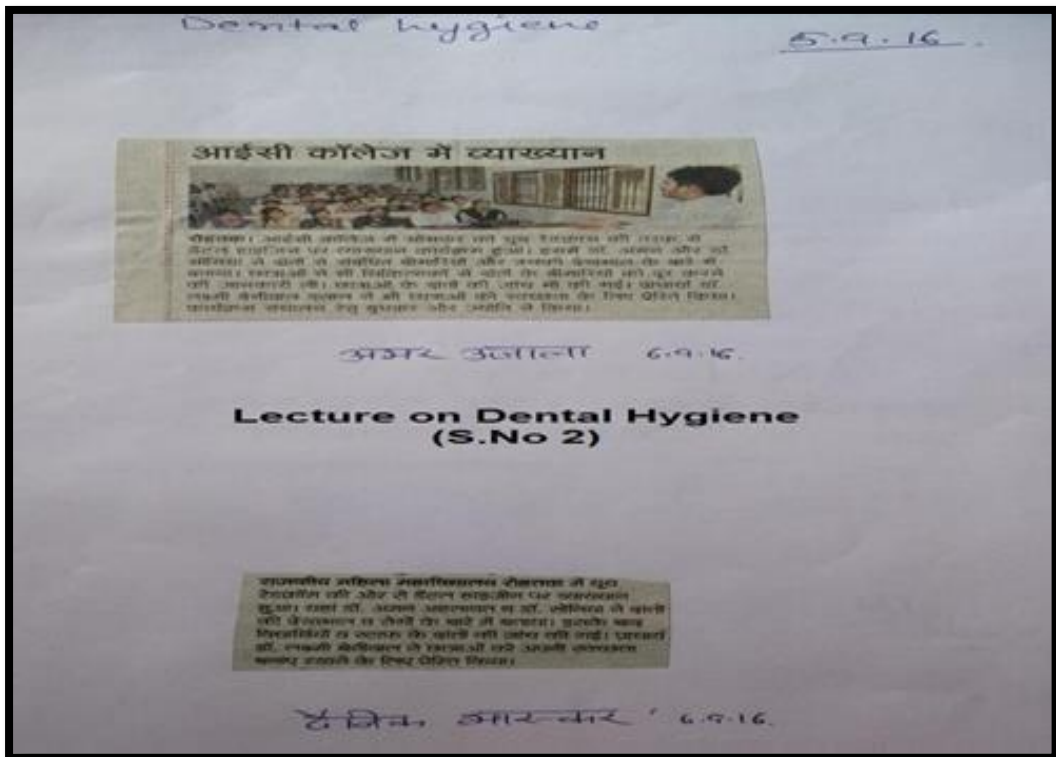
**SUPPORTING DOCUMENT FOR 7.1.9**

**DETAILED YEAR-WISE LIST OF ACTIVITIES  
2016-2017**

<b>Sr No.</b>	<b>Title Of The Programme</b>	<b>Date and Duration</b>	<b>No. of Participants</b>
<b>1</b>	One Day Tree Plantation Camp	28 August 2016	50
<b>2</b>	Lecture on Dental Hygiene	05 September 2016	66
<b>3</b>	Digital India and Modern Haryana Competition on 'Haryana Swarna Divas'	20 September 2016	37
<b>4</b>	Celebration on National Unity Day	31 October 2016	57
<b>5</b>	On the spot Poster Making inter-college Competition under the aegis of Psychology Dept. on 'Psychology in Day to Day Life'	06 March 2017	28
<b>6</b>	Rally on HIV/AIDS	21 March 2017	23



**ONE DAY TREE PLANTATION CAMP**



**EXTENSION LECTURE ON DENTAL HYGIENE**



**COLLAGE MAKING COMPETITION ON DIGITAL INDIA AND  
MODERN HARYANA ON 'HARYANA SWARNA DIWAS'**





**CELEBRATION ON NATIONAL UNITY DAY**



**INTER-COLLEGE POSTER MAKING COMPETITION ON 'PSYCHOLOGY IN DAY TO DAY LIFE'**



## 2017-2018

<b>Sr No.</b>	<b>Title Of The Programme</b>	<b>Date and Duration</b>	<b>No. of Participants</b>
<b>1</b>	Independence Day Parade under the aegis of NCC	15 August 2017	34
<b>2</b>	Poster Making Competition on 'Digital India, Swachh Bharat and Beti Bachao, Beti Padhao'	05 September 2017	30
<b>3</b>	One Day Camp on 'Cleanliness in the College Campus'	21 September 2017	92
<b>4</b>	Cartoon making Competition on 'Corruption and Voting'	26-27 October 2017	25
<b>5</b>	Rally on 'National Unity Day' under the aegis of NSS	31 October 2017	105
<b>6</b>	Lecture on Need for Digitalization in Modern Society	09 November 2017	86
<b>7</b>	Poster Making Competition on Road Safety	12 February 2018	40
<b>8</b>	Workshop on Disaster Management (NDRF)	21 March 2018	70









**ONE DAY CAMP ON 'CLEANLINESS IN THE COLLEGE CAMPUS'**

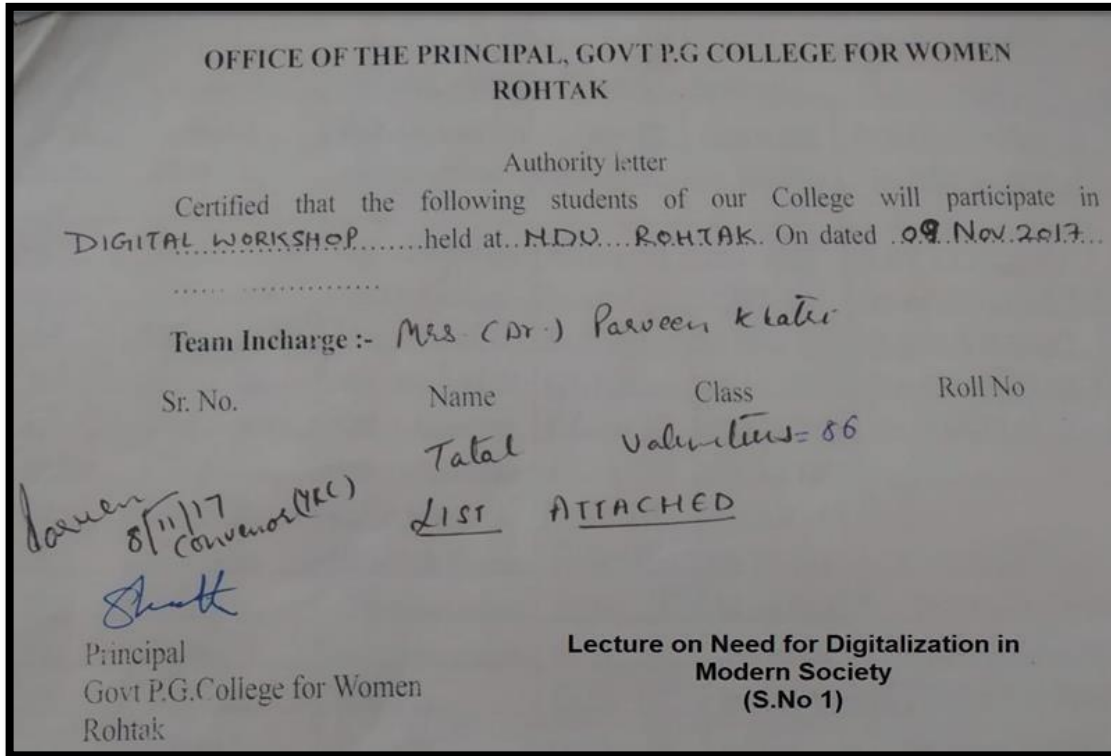


**RALLY ON 'NATIONAL UNITY DAY' UNDER THE AEGIS OF NSS**

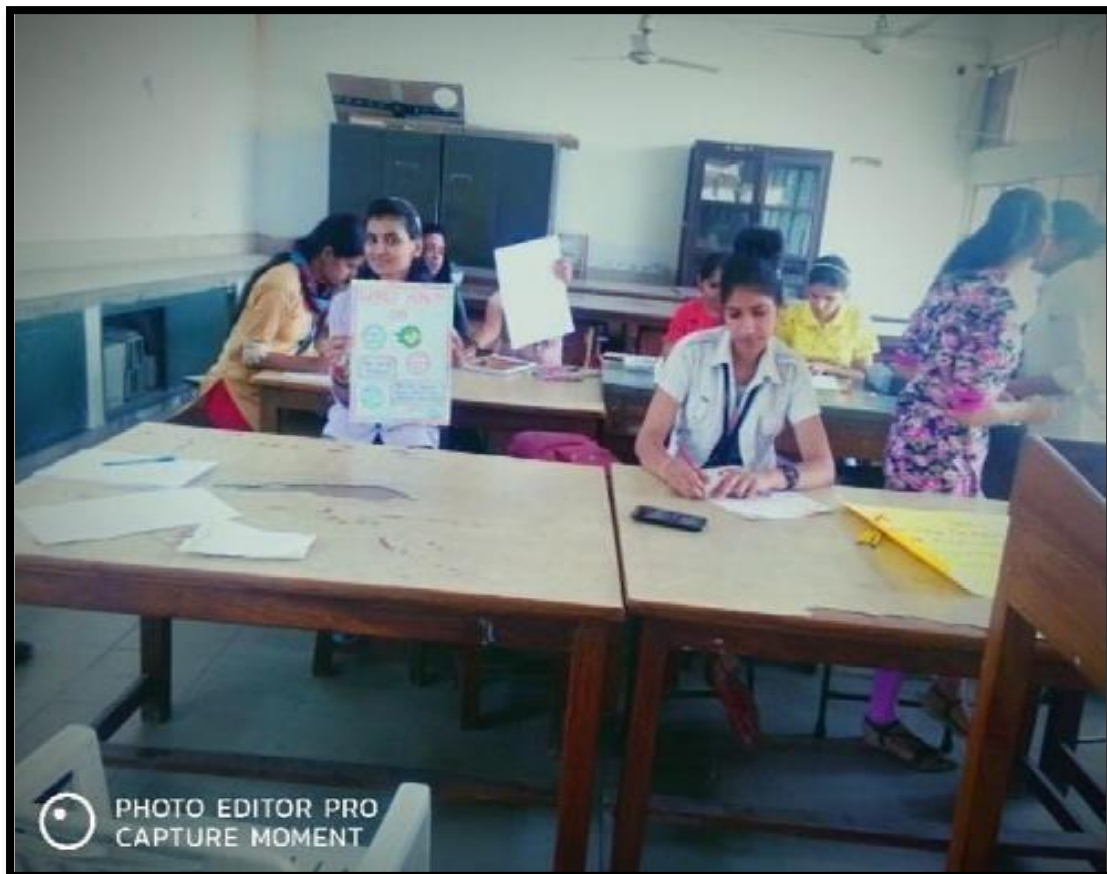


**INDEPENDENCE DAY PARADE UNDER THE AEGIS OF NCC**





**DIGITAL WORKSHOP HELD AT MDU ROHTAK**



**POSTER MAKING COMPETITION ON ROAD SAFETY**

16. 31. March, 2018 को रोधाकृष्णन सभागार में Disaster Management पर NDRF के सहयोग से आयोजित कार्यशाला में 70 छात्रों ने भाग लिया।  
Suresh

Workshop on Disaster Management

**WORKSHOP ON DISASTER MANAGEMENT**

## 2018-2019

<b>Sr No.</b>	<b>Title Of The Programme</b>	<b>Date and Duration</b>	<b>No. of Participants</b>
<b>1</b>	Inter Class Collage making Competition on 'Swachh Bharat'	18 August 2018	22
<b>2</b>	Rally on women Empowerment	23 August – 25 August 2018	105
<b>3</b>	Inter Class Cartoon Making Competition on 'Corruption and Indian Politics'	24 August 2018	27
<b>4</b>	Self Defence Training	10 September 2018	100
<b>5</b>	'Gandhi Jayanti' Celebration	02 October 2018	42
<b>6</b>	Voters' Day Celebration	25 January 2019	42
<b>7</b>	'Flag Hoisting' ceremony held by NCC	26 January 2019	52
<b>8</b>	Road Show on Women Empowerment	08 March 2019	150
<b>9</b>	Rally on 'Traffic Rules' under the aegis of NSS	18 August 2019	107



**गर्भमेत पीजी कॉलेज फॉर युमन में हुआ इंटर क्लास कार्टूनिंग कम्पीटिशन**

**छात्राओं ने इंडियन पॉलिटिक्स में फैले भ्रष्टाचार पर किया कटाक्ष कार्टून में छात्राओं ने बताया- सरकारी ग्रांट में से जनता तक पहुंचती है बूंद भर ही राहत**

सिटी रिपोर्टर • गार्भमेत पीजी कॉलेज फॉर युमन में हुए इंटर क्लास कार्टूनिंग कम्पीटिशन में छात्राओं ने द वेद इंडियन पॉलिटिक्स पर कटाक्ष किया। पीएम मोदी मोदी के एक वचन में से 100 पीसे जनता तक पहुंचने के अर्थ पर भी छात्रा ने कार्टून बनाकर अपनी भावनाएं व्यक्त कीं। अब भी जनता के पास बूंद-बूंद बनके ही राहत पहुंच रही है। भ्रष्टाचार पर कटाक्ष करते और भी कार्टून छात्राओं ने बनाया। वहीं, पीएम मोदी कार्टून में पॉलिटिक्स कायम दिखाया गया। इस पीएम मोदी पर मोटी चपट बंध रही है तो राहत दूना। अगला का इतनी-सोभत और अगल की शिखरी भी इस चोकर पर बनाई गई है।

इसके अलावा स्टूडेंट्स ने सरकार की लेबर कमिशन तक में फंड को लेकर होने वाले भ्रष्टाचार को दिखाया। स्टूडेंट्स ने दिखाया कि सरकार के जमाने गरीब आदमी का खुद भ्रष्टाचार पैदा करता है और फिर उस पैसे को लुप्त विनाश में टांगना कर देते हैं। इस कम्पीटिशन में स्टूडेंट्स के टैलेंट को बताने का उद्देश्य था, अगल-अगल, विद्यार्थी विविधता भावना सिद्ध और डॉ. अमृत ने ...




**महिमा फर्स्ट और हिमंशी सेकंड रही**

गार्भमेत कम्पीटिशन में बीच सेकंड और की अंतिम प्रथम रही। वहीं बीच फर्स्ट की हिमंशी सेकंड और बीच सेकंड की महिमा थीं।

**जिंदगी भी जाओ किससे हैं बीबी के :** जिंदगी भी जाओ किससे हैं बीबी के, कोई लड़के से रात है तो कोई लड़के के लिए से रात है... इन्हीं-इन्हीं बीबी से इन्फेक्टर से विनाशक कि जिंदगी एक अजीबो गैरे से अगली में यून पुन रखा है। गार्भमेत कम्पीटिशन में स्टूडेंट्स ने पॉलिटिक्स में सेकंड होने वाली सेकंडरी के साथ जुबानी की बंद रही मोड पर कटाक्ष किया।

INTER CLASS CARTOON MAKING COMPETITION

10) ON DATE 8<sup>TH</sup> MARCH 2019, "INTERNATIONAL WOMEN'S DAY" A ROADSHOW WAS DONE BY OUR YRC VOLUNTEERS, AWAREING PEOPLE ABOUT "WOMEN EMPOWERMENT AND EQUALITY".



ROAD SHOW ON WOMEN EMPOWERMENT



**VOTERS' DAY CELEBRATION**







**FLAG HOISTING CEREMONY**



**RALLY ON “TRAFFIC RULES” UNDER THE AEGIS OF NSS**





**'GANDHI JAYANTI' CELEBRATION**

To  
Principal  
Govt. College for Women  
Rohtak

Sub: Administration Sanction

Principal Madam

Sanction may kindly be accorded for the purpose of purchase of Pepper Spray out of Women Cell grant. Approximate expenditure to be incurred in this connection will be Rs.20,000/-

*[Signature]*  
Signature & Designation

*[Signature]*

**DISTRIBUTION OF PEPPER SPRAY UNDER THE AEGIS OF WOMEN CELL**



Director  
 Women and Child Development Mysuru  
 Parichhala  
 Number: 4093-94      Dated: 26/9/18  
 Re: Providing Self Defence Training to the Girl Students  
 With reference to letter no. 22/153-2018 (W.C.D.)  
 from D.W.C., Mysuru and 14/22-24/152/2018 from Director,  
 Women and Child Development Mysuru report is being sent.  
 Self Defence Training was organized in the college with the help  
 of Women Cell and Physical Education Department. Training  
 lasted from 10 Sept 2018 on alternate days. Groups were formed  
 of girls who wanted to participate in the training. Each group  
 is 15-20 girls. They get training from 'Judo expert' Mr. Basant  
 (Assistant Professor in Physical Education). Two batches have completed  
 the training. Mr. Biringh Sasu 'Arjo' Secretary General 'Mysuru  
 Temp. Red Association' is also invited with his girlfriend to  
 give training to the girls in college.

*hansa*  
 26/9/18  
 Incharge  
 W.C.D.

*Principals*  
 Principal  
 G.P.C.C.W  
 Kodav

To  
 The Principal  
 Govt. P.G. College, for women  
 Kodav.  
 Sub: Administrative sanction  
 Re: Madam,  
 Kindly accord administrative sanction  
 to organize 'Self Defence Training' under Women Cell  
 for girls of the college. Training programme  
 will be organized with the help of Physical  
 Education Department and the expenditure will be  
 met from Women Cell grant.  
 Yours Sincerely  
*hansa*  
 08/09/18  
 Convener W.C.D.

*Alloyd*  
*hansa*



**SELF DEFENCE TRAINING WORKSHOP**

## 2019-2020

<b>Sr No.</b>	<b>Title Of The Programme</b>	<b>Date and Duration</b>	<b>No. of Participants</b>
<b>1</b>	Extension Lecture on "Drug Abuse"	13 August 2019	100
<b>2</b>	Fit India Movement	29 August 2019	71
<b>3</b>	Nutrition Week Celebration	1 – 7 September 2019	70
<b>4</b>	Plastic Waste Free Event	11 September - 27 October	92
<b>5</b>	Extension Lecture by Mrs. Manisha Hans on "Awareness About Self-Defence" under the Aegis of NCC	11 October 2019	105
<b>6</b>	Extension Lecture on "Victim Compensation"	18 October 2019	100
<b>7</b>	National Unity Day Celebration	31 October 2019	92
<b>8</b>	Celebration of "Constitution Day"	26 November 2019	80



**EXTENSION LECTURE ON "DRUG ABUSE"**



**EXTENSION LECTURE ON "VICTIM COMPENSATION"**





**“CELEBRATION OF "CONSTITUTION DAY"**



**CELEBRATION OF INTERNATIONAL YOGA DAY**



**FIT INDIA MOVEMENT**



**PLASTIC WASTE FREE EVENT**



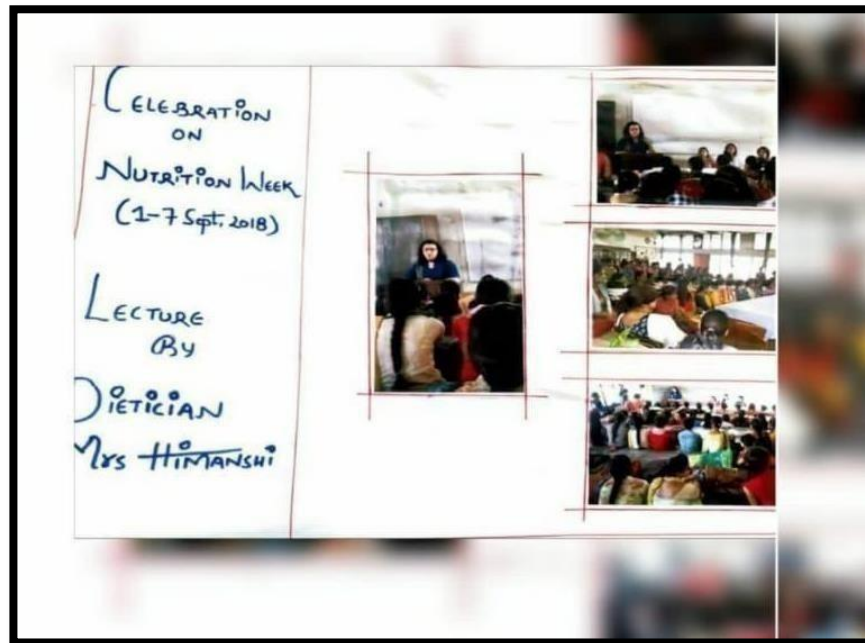


राजकीय स्नातकोत्तर महाविद्यालय में राष्ट्रीय  
केंद्र काँ के केंद्र के द्वारा अंतर्राष्ट्रीय  
बालिका दिवस मनाया गया। इस अवसर  
पर सामाजिक कार्यकर्ता श्रीमति मनीषा हंस  
ने बालिकाओं को 'अपनी सुरक्षा के प्रति सचेत'  
पर एभारच्युअल दिया हुआ उनका मनोबल बढ़ाया।  
उन्हें आजो बहने के लिए प्रेरित किया।  
इस अवसर पर महाविद्यालय प्राचार्या  
श्रीमति पूनजा वनवत्सा, ए० एन० ओ० लेफ्टिनेंट रेजु  
एवं लेक्चरर सुमी शर्मा एवं 105 एन० सी० सी०  
केंद्र मौजूद रहे।

Date-11/11/19

Remu

**EXTENSION LECTURE BY MRS. MANISHA HANS ON  
"AWARENESS ABOUT SELF-DEFENCE" UNDER THE AEGIS OF NCC**



**NUTRITION WEEK CELEBRATION**



**NATIONAL UNITY DAY CELEBRATION**

## 2020-2021

Sr.no.	Activity	Date and Duration	No. of Participants
1.	Mask Decoration Competition	24 December 2020	24
2.	Distribution of Mask	07 January 2021	150
3.	Oath Ceremony on Road Safety	11 January 2021	50
4.	Quiz and Poster making Competition on National Youth Day	12 January 2021	50
5.	Programme on Tobacco Mukta Samaj	25 January 2021	25
6.	Essay Writing Competition on awareness of National Voting	25 January 2021	30
7.	One Day Health Awareness Camp	20 February 2021	68
8.	Extension Lecture on Legal awareness relating to Women Rights by Legal Literacy Cell	23 February 2021	90
9.	National Level Online Webinar on Nutrition Sensitization	24 February 2021	30
10.	Inter class Declamation Contest by Hindi Literary Society on topics 'Online Education during Corona Period' and 'Environment a Burning Problem'	25 February 2021	27
11.	"Wall of Heroes" Campaign	20 March 2021	40
12.	Blood Donation Camp & Medicine Distribution Camp	24 September 2021	150



### MASK DECORATION COMPETITION

**ANTI TOBACCO SQUAD**  
**GOVT. P.G. COLLEGE FOR WOMEN, ROHTAK**



**PATRON**



**Mrs. Poonam Bhanwala**  
Principal GPGCW , Rohtak



**Azadi Ka  
Amrit Mahotsav**



**Dr. Seema Jain**  
Associate Professor  
(Convener)  
☎9466170085



**Dr. Lokesh Balhara**  
Associate Professor  
☎7027278432

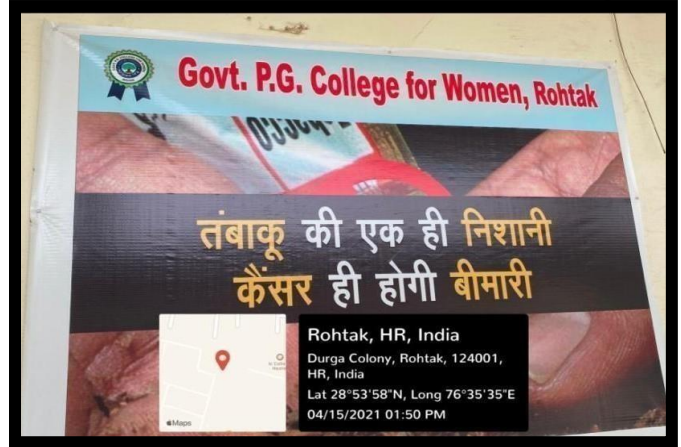
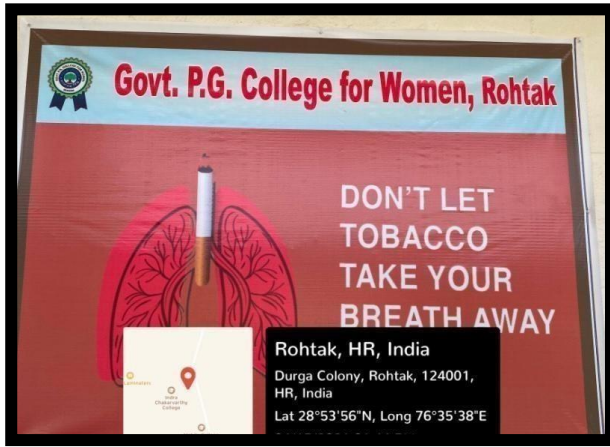


**Dr. Rohini Sharma**  
Assistant Professor  
☎8684990958



**Dr. Ekta Goyat**  
Assistant Professor  
☎9717610100



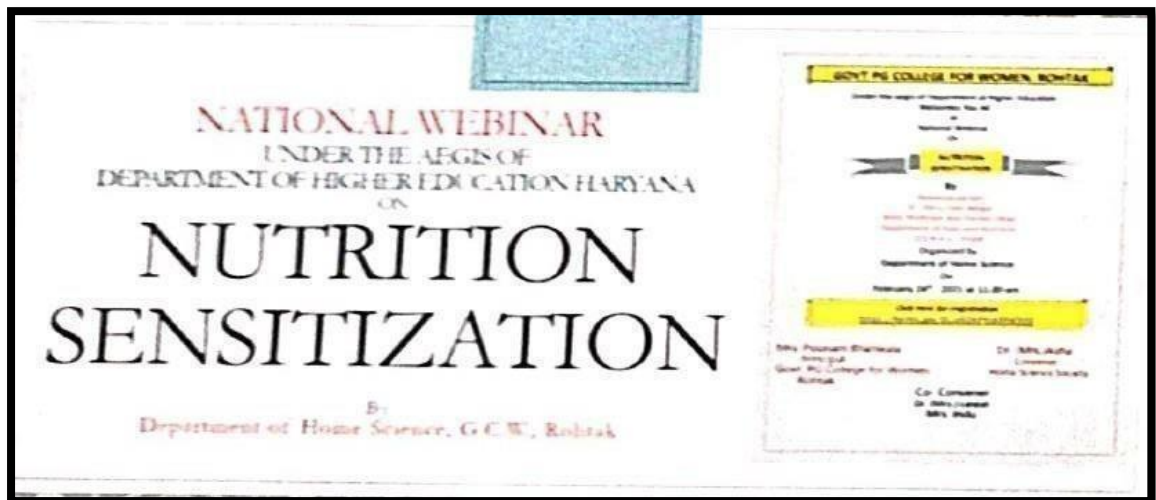
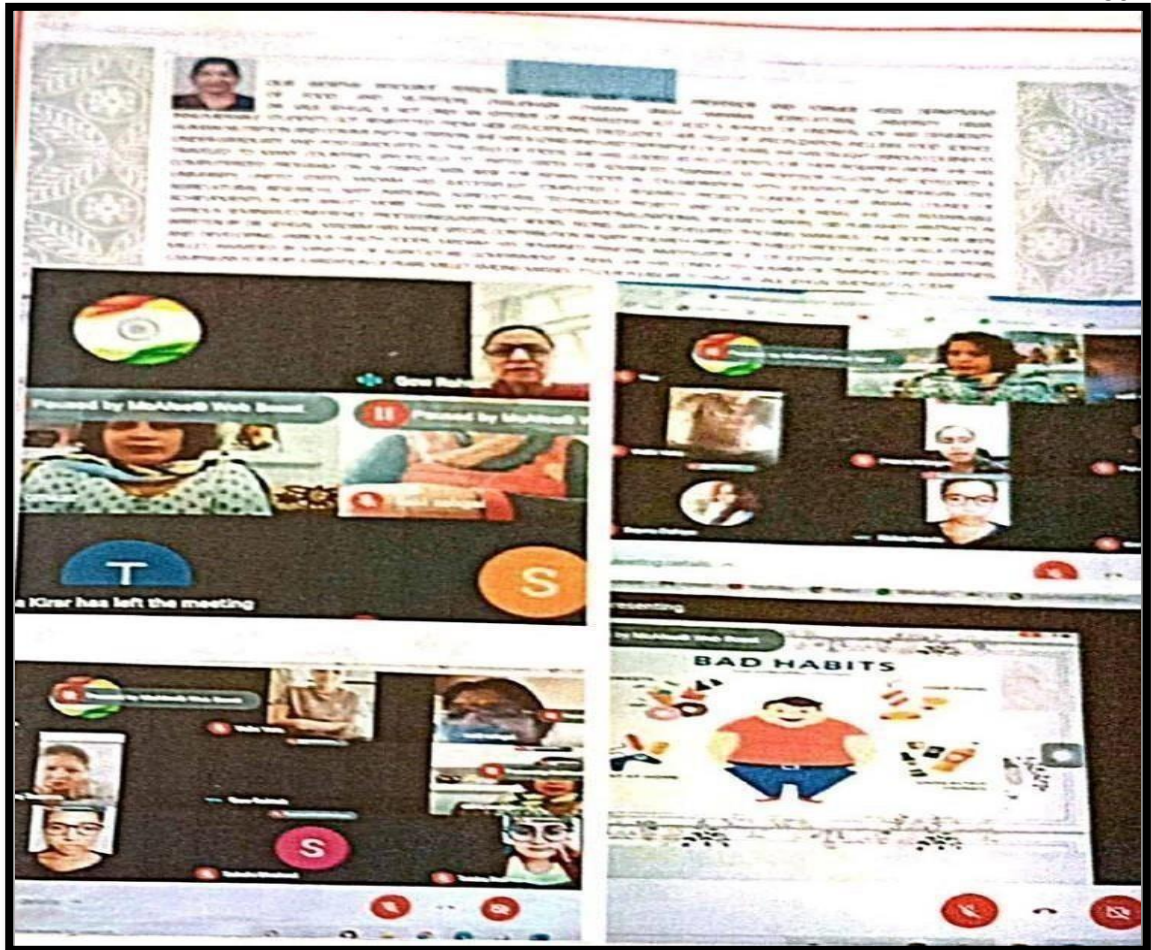


**PROGRAMME ON TOBACCO MUKTA SAMAJ**





**ESSAY WRITING COMPETITION ON AWARENESS OF NATIONAL VOTING**



**NATIONAL LEVEL ONLINE WEBINAR ON NUTRITION SENSITIZATION**



**EXTENSION LECTURE ON LEGAL AWARENESS RELATING TO  
WOMEN RIGHTS BY LEGAL LITERACY CELL**





**INTER CLASS DECLAMATION CONTEST BY HINDI LITERARY SOCIETY**



**“WALL OF HEROES” CAMPAIGN UNDER THE AEGIS OF FINE ARTS DEPARTMENT**





Blood Donation Camp

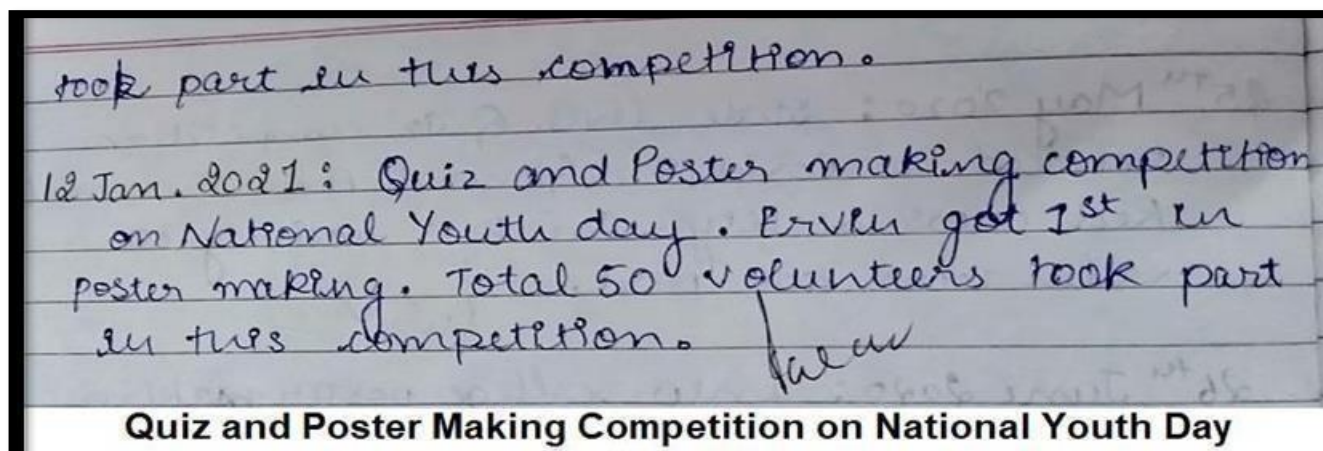


Medicine Distribution Camp

**BLOOD DONATION CAMP AND MEDICINE DISTRIBUTION CAMP**



### DISTRIBUTION OF MASK IN PUBLIC BY YRC



### QUIZ AND POSTER MAKING COMPETITION ON NATIONAL YOUTH DAY



## **OATH CEREMONY** **11 JANUARY 2021**



**Dr Parveen khatri told about traffic rules in which 100 volunteers participated. The Pledge asks people to commit to six key points to protect themselves and others, by driving safely, encouraging others to drive safely, and by driving less or not at all: slow, sober, sharp, silent, secure, sustainable.**

**Oath Ceremony on Road Safety**

### **OATH CEREMONY ON ROAD SAFETY**

#### **1. AWARENESS TRAINING CAMP** **(20 FEBRUARY 2021)**



**A one day health awareness and training camp of YRC volunteers was organised on 20 February 2021 at college campus .**

**During this camp, Yoga training was given to volunteers . In this camp 68 volunteers participated in this camp.**

**One Day Health Awareness Camp**

### **ONE DAY HEALTH AWARENESS CAMP**